

SAUNTON SANDS

HOTEL | SOURCE SPA & WELLNESS



B R E N D
COLLECTION

EXPLORE

NORTH DEVON

UNESCO BIOSPHERE RESERVE UK



Ilfracombe Selfie opportunity with Damien Hirst's Verity sculpture (10 miles, 20 minutes)

Woolacombe Run wild on three miles of sand (6 miles, 20 minutes)

Tarka Trail (from Braunton to Meeth) Cycle heaven: 30 miles of trails using old railway routes that snake through the stunning North Devon countryside

Barnstaple Shopping and a historic pannier market (8 miles, 20 minutes)

Braunton Burrows Nature reserve in acres of sand dunes (few steps from the hotel)

South West Coast Path From the hotel, turn right or left and you're on the famous 630-mile coastal footpath

Bideford Boat watching on the estuary (17 miles, 30 minutes)

Torrington Historic Civil War battle town (17 miles, 35 minutes)

Iddesleigh Explore the unspoilt lanes and fields made famous by Michael Morpurgo's *War Horse* (27 miles, 50 minutes)

Exmoor Discover a unique landscape of moorland, woodland, coast and rivers (26 miles, 45 minutes)

Dunkery Beacon Take in the views from the highest point on Exmoor (38 miles, 1 hour)

Tarr Steps Ancient clapper bridge setting that's perfect for picnics (30 miles, 1 hour 10 minutes)

★ Saunton Golf Club 36 holes of beautiful championship links golf

★ Ilfracombe Golf Club Undulating heathland course with spectacular views along the coast and across the Bristol Channel to South Wales

★ Portmore Golf Park 27 holes and a 23-bay golf range on the outskirts of Barnstaple

★ Royal North Devon 18-hole flat course with numerous spiky rushes, naturally formed grassy mounds and soft deep bunkers



Photography: Dean Chapple, Panoptic Motion, Kevin Nicholson, Faydit Photography, Guy Harrop, Matt Austin, Justin Beckley, Saunton Golf Club

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A DEVON WAY OF LIFE
ESCAPE *the*
EVERYDAY

'You've found the perfect place to relax, rejuvenate and enjoy all that our glorious coastline has to offer'



We invite you to leave it all behind and take a seat by the sea in one of the most beautiful pockets of the UK.

You've found the perfect place to relax, rejuvenate and enjoy all of the beautiful wild nature our glorious coastline has to offer. Hear the roar of the Atlantic waves roll in. Feast your eyes on miles of golden sand and unspoilt dunes laid out before you. Taste the delights of a proper Devon cream tea and abundant local produce. Feel the ocean kiss your toes and inhale the fresh sea air. And, above all, find yourself at peace in nature.

Our iconic Art Deco hotel and sea-view spa are the perfect tonics. Nothing is too much trouble for our exceptional team and we can't wait to welcome you.

Over the last year, we have renovated our indoor pool and added a state-of-the-art fitness studio to our spa. Guests can also look forward to a wide range of fitness and relaxation classes such as yoga, Pilates, meditation and general fitness – all of which are included within the cost of your stay. We have also modernised and refurbished our bar which looks fantastic – we have already received some superb feedback from guests.

Read on to discover more of the activities, treats and indulgences to be enjoyed at our four-star hotel by the sea. We've also rounded up a few tried-and-tested things to do beyond the hotel which you might like to explore.

We hope your upcoming stay with us provides just the breath of fresh air you need to escape the everyday. Breathe deeply, inhale the magic and feel wonderful: you're making good memories.

Yours

Pete, family & our Saunton team



It's all in the detail
Scan here for our full terms and conditions

Making MEMORIES

Saunton is so much more than just a place to stay, it's somewhere to gather with your favourite people and create memories in a fun, relaxed and breathtaking environment.



Feelgood FUN

Play in the surf, feel the sand between your toes, fill your lungs with some of the cleanest air in the UK, do yoga on the lawn, sweat it out in the gym, run on the beach, wallow in our top-of-the-range spa and feel good again.



Sheer INDULGENCE

We know that the perfect ingredients for a fun break include luxurious spa treatments, time to chill out in the plunge pool, your best mates around you, plus a glass or two of fizz!



Fabulous FEASTING

Holidays are as much about enjoying wonderful meals and time in the bar with friends and family as they are about lying on the beach. That's why we have a series of top-quality but casual restaurants where you can reconnect with loved ones. From the glamour of The Dining Room to gourmet burgers at Beachside Grill, we've got it covered.

RECONNECT *with the kids*

A visit to Saunton is the opportunity to get kids off their phones and doing something enriching and fun in the great outdoors. They can learn to surf with free surf lessons in season – and you can do it too! Beyond surfing, there's so much more for them to get stuck into – read on for ideas.



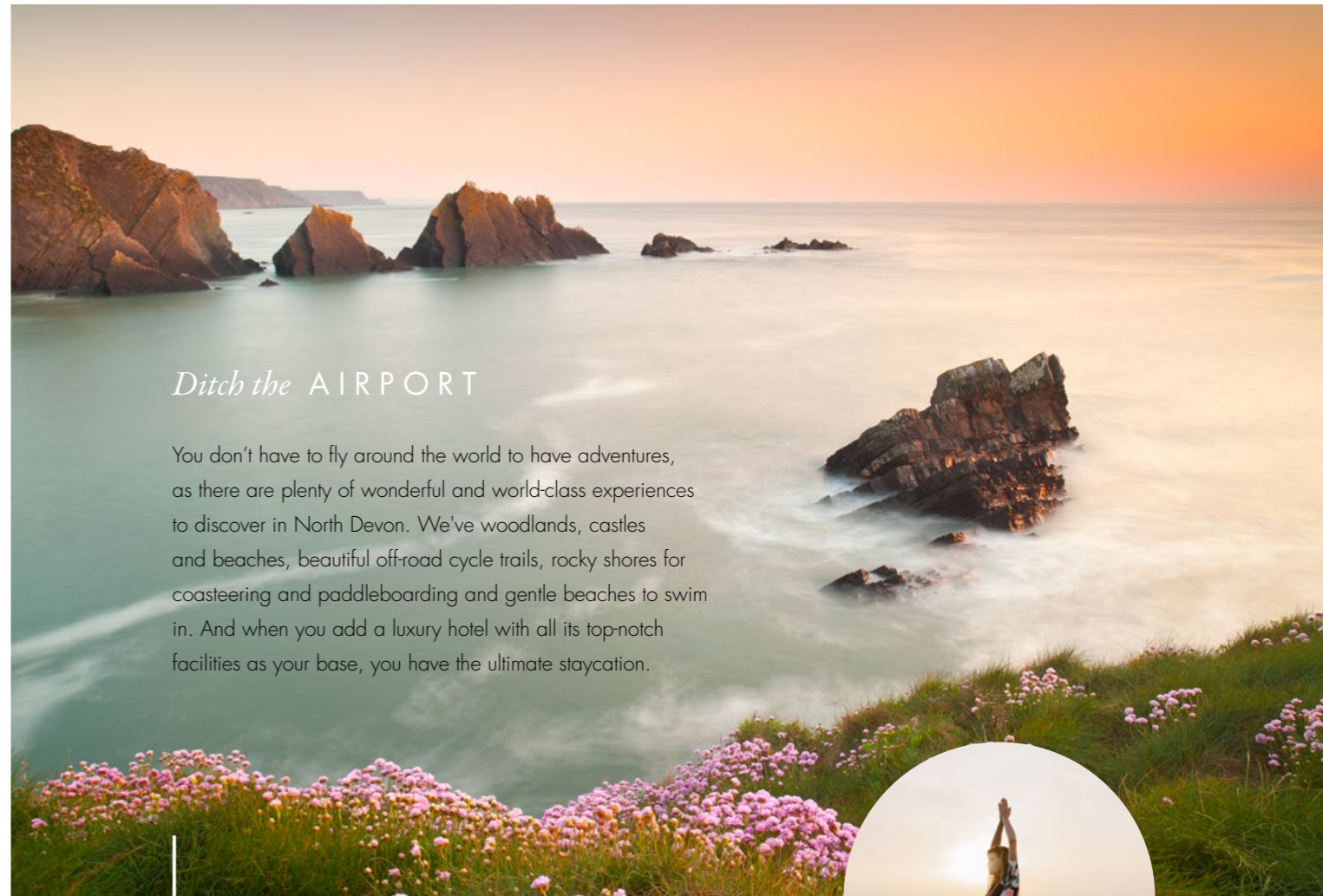
World-class BEACHES

We're situated practically on Saunton Beach, but there are many other beautiful beaches to be enjoyed, including nearby Croyde and Woolacombe (pictured), which also offer great surfing. For traditional seaside fun and amusements take a trip Westward Ho!



INCREDIBLE *for families*

In addition to a full stocked playroom and an entertainment programme in school holidays that will keep kids happy and occupied, we also give under 11s a complimentary session in the playroom every day of their stay, with supervised daily activities that include everything from baking to beach afternoons (in the summer months).



Ditch the AIRPORT

You don't have to fly around the world to have adventures, as there are plenty of wonderful and world-class experiences to discover in North Devon. We've woodlands, castles and beaches, beautiful off-road cycle trails, rocky shores for coastering and paddleboarding and gentle beaches to swim in. And when you add a luxury hotel with all its top-notch facilities as your base, you have the ultimate staycation.



Year-round ACTIVITIES

Whatever time of year you visit, you'll discover lovely things to do – inside and out. In winter and autumn the natural environment is just as stunning as it is in high summer, it's just a more mellow beauty that calls for cosy jumpers, wetsuits for sea swimming and steaming mugs of hot chocolate in the Terrace Lounge when you come back from the beach.

THE HOTEL *with* EVERYTHING



SAUNTON BEACH




Direct access to three miles of pristine beach and dunes (part of the North Devon Biosphere Reserve) as well as the rolling waves of the Atlantic Ocean.




SOURCE SPA & WELLNESS

A luxury ocean-view spa boasts a marine-inspired thermal suite with a salt-inhalation steam room, treatment rooms, Finnish aroma sauna, ice fountain, contrast shower and marine vitality pool with a floor-to-ceiling window overlooking the Atlantic Ocean.


SWIMMING POOLS

 Large indoor heated pool and heated outdoor pool overlooking the beach. There is also a poolside terrace for sunbathing. Our large outdoor pool is heated from April to October, but open for cold-water dips and swims the rest of the year.


GYM & ACTIVITIES

 A state-of-the-art gym and tennis court, plus brilliant surfing opportunities for beginners right up to experienced surfers. Enjoy free surf lessons during the school holidays and weekends between June and September.

FITNESS CLASSES

 Join in our daily fitness and well-being classes which include yoga, Pilates, all-style dance workout, functional living, and more. Many of these classes take place in our new Source Studio.


CHILDCARE

 Supervised children's playroom with one session of free childcare daily for under 11s so you can enjoy some 'me time' while the kids are entertained. Playroom activities include wooden craft modelling, mandala rock art and biscuit making.

DINING OPTIONS

 Choose from contemporary dining in Art Deco glamour at our two AA-rossette restaurant The Dining Room or head down to our sister restaurant on the beach for chilled-out feasting at Beachside Grill. On sunny days you can eat alfresco on our terrace with its jaw-dropping vista.

ENTERTAINMENT


 Enjoy a fully inclusive entertainment programme which caters for all during the school holidays. From rock pooling to surf lessons to pyjama parties and family quiz nights, there is bound to be something to amuse youngsters.




SELF-CATERED APARTMENTS

 Freedom and space to enjoy a break at your own pace, with room for four to eight people. We have two standards of self-catered accommodation to suit all budgets and desires: our five-star luxury apartment block which includes the 180° South Apartment, and the purse-friendly Saunton Apartments.


24-HOUR ROOM SERVICE

 Opt to feast on anything from our menus in the comfort of your own room. Available 24 hours a day (room service for our apartments is subject to weather constraints).


LIFT ACCESS

 The majority of our rooms and suites are accessible via a lift.

PARKING

 There is ample free parking available for all of our guests.

WIFI

 You are welcome to use our free WiFi while you are with us.

what's
NEW
AT SAUNTON

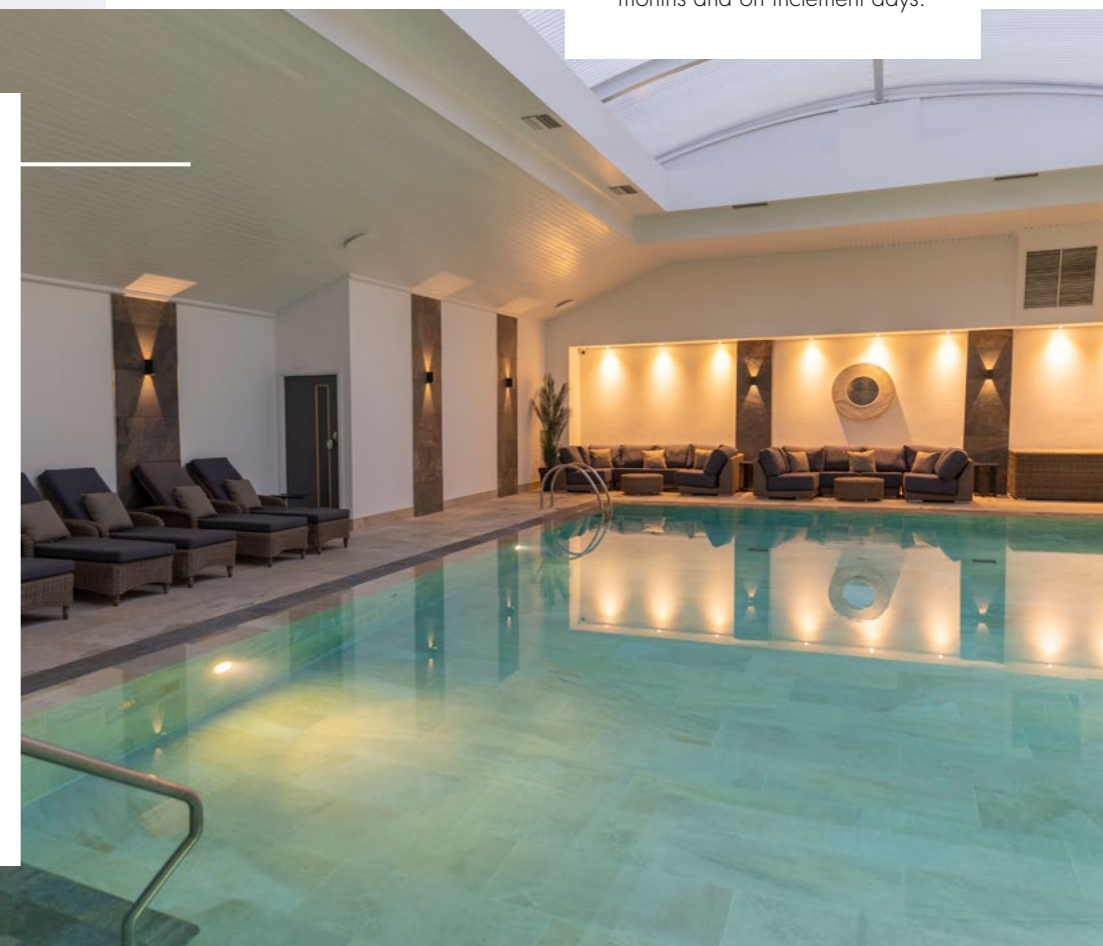


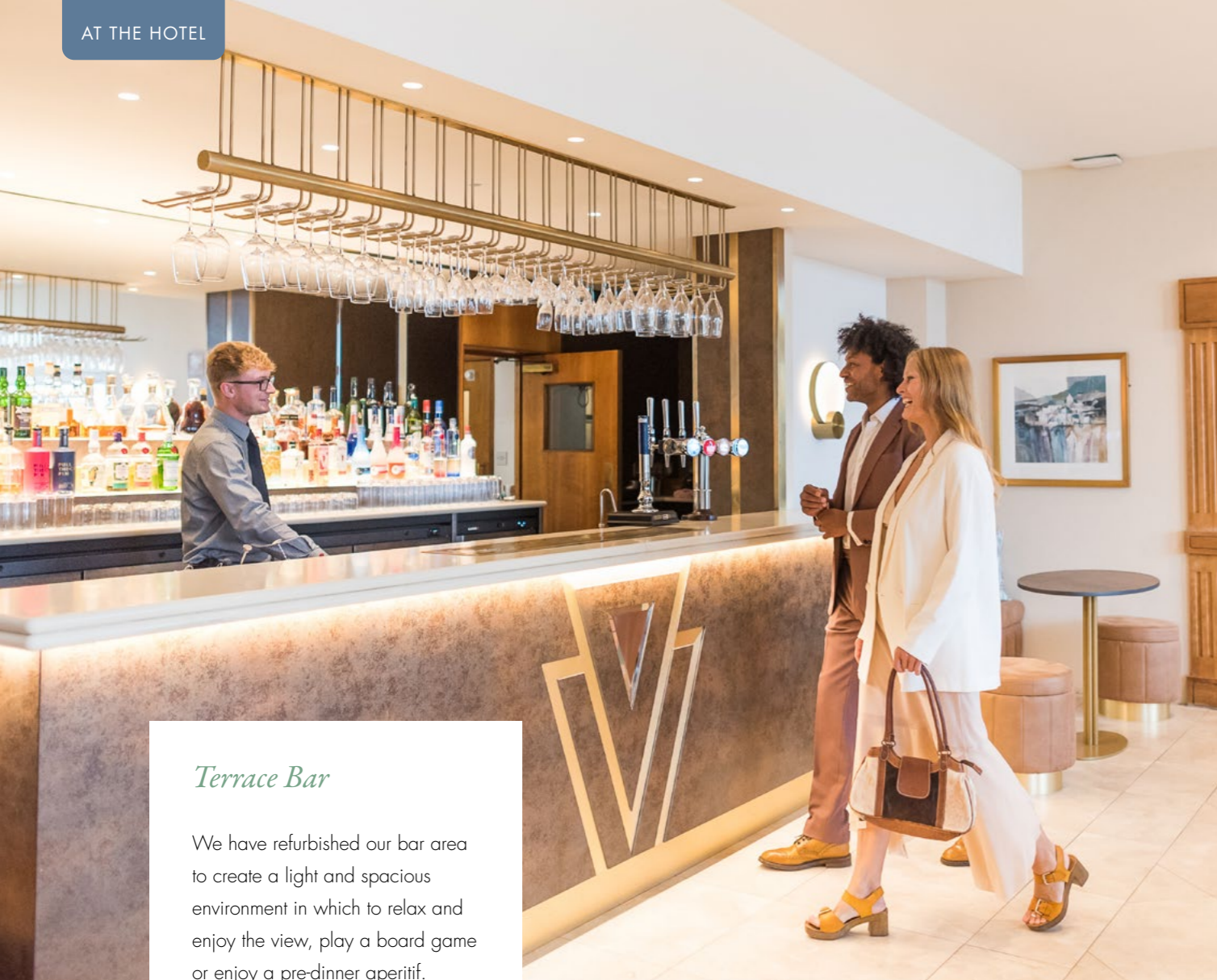
Source Spa

Having completed renovation works throughout 2022, our state-of-the-art Source Spa now includes a fitness and yoga studio with a waiting lounge. The large, light and airy space, with its mirrored walls and great sound system, hosts all of our fitness and wellbeing classes during the cooler months and on inclement days.

Indoor Pool

The indoor swimming pool has also undergone major renovations which has helped establish a new benchmark for North Devon spas. Heated to a balmy 28°C, our indoor pool is perfect for some leisurely laps to reinvigorate or soothe away the night before, or simply settle into a poolside lounge with a magazine or good book and leave the others to it.





Terrace Bar

We have refurbished our bar area to create a light and spacious environment in which to relax and enjoy the view, play a board game or enjoy a pre-dinner aperitif.



Our interior design team wanted to give the room a fresh, modern feel while still presenting the Art Deco style of the hotel. Blue and tan soft furnishings, marble finishings, abstract artwork and a stylish bar has given the room a whole new feel but remained in-keeping with the traditional character that's so distinctive to Saunton Sands Hotel.

Sink into one of the cosy sofas and let us tempt you with our imaginative selection of fine wines, top-quality beers and cocktails.

SURFED OUT

VIP *experience*



ADVANCED SURF COACHING AND BOARD HIRE

We have teamed up with local family-run surf shop Surfed Out and UniSURFity to bring you a unique advanced-coaching surf experience and hiring access to an impressive quiver of boards.

- Ride the waves of the North Devon World Surfing Reserve
- Expert surf coaching from Jez Browning – one of only a handful of surfing Grand Masters in the world
- Post-surf video and photo analysis
- VIP access to hundreds of premium boards, to try out during coaching or hire

COACHING

For intermediate, advanced and professional surfers, UniSURFity's Jez Browning provides personal expert coaching and analysis to take their surfing to the next level. Jez has coached national teams for the World Surfing Games as well as individual competing surfers.

BOARD HIRE

Surfed Out has one of the most impressive selections of quality boards in the South West. We'll work with you to find the perfect board to hire. Even better, your surfboard(s) will be delivered to the hotel in the decked-out Surfed Out VIP van – it's incredible!. This is surfing VIP style.

HOW TO BOOK

For coaching, email: reservations@sauntonsands.com

Scan the QR code for more information or visit sauntonsands.co.uk/offers/surfed-out-vip-experience

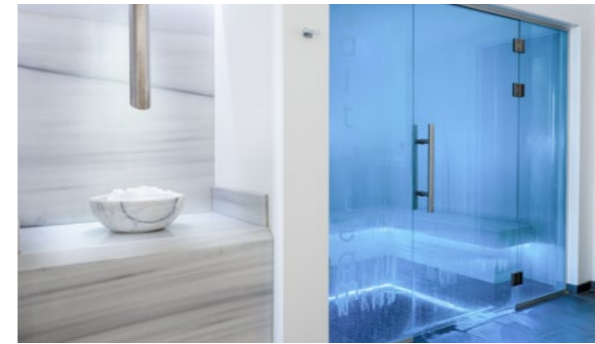


THERE'S NOWHERE QUITE LIKE SOURCE *spa*

Inspired by the natural playground surrounding the hotel, our oceanfront spa harnesses the power of nature to soothe, restore, invigorate and nourish body and mind.

Source Spa celebrates both the inside and the outside. Imagine how good it would feel to start the day with an outdoor yoga class on the lawn or in our new studio. Move to the sound of the rolling surf and calling gulls while overlooking miles of pristine North Devon Biosphere. Then spend the day sauntering between swims in our indoor and outdoor pools and sessions in the gym and Thermal Suite.

Enhance your stay with a nourishing spa treatment, followed by a spell of relaxation on the rooftop terrace under a warm blanket. Add decadent treats, like an afternoon tea, to your plans and pepper the day with sandy-toed strolls and invigorating jumps through the surf for the ultimate feel-good experience.



Holistic & results-driven treatments

Steal away some precious moments of calm, indulgence and revitalisation.

Carefully created to blend results-driven treatments with holistic wellness, we use a handpicked portfolio of products that complement our range of spa treatments, including our very own cruelty-free Source Spa Collection. For excellent anti-ageing treatments, a selection of iS Clinical facials will give you that A-list glow.



DÉESSE PRO LIGHT THERAPY MASK

Rejuvenate and treat problematic skin with a Déesse Pro Light Therapy Mask session. It can be added to any facial.

DOUBLE THE DELIGHT

For a unique shared experience, our double treatment room overlooks miles of golden sands, dunes and the sea. Most Source treatments can be shared with a partner.

TAKE A THERMAL JOURNEY

A true thermal journey is designed to take you, step by step, through a range of spa facilities to elevate and cool your body's temperature. Let us guide you through your thermal journey ...

1. Prepare & relax

First, be sure to remove all jewellery. Begin the experience by showering in warm water to open skin pores, cleansing your body in our luxurious contrast tropical rain shower with waterfall and massage jets.

Next, take in the gorgeous views across Saunton Beach and beyond in the beach-view marine vitality pool. It's filled with mineral-rich Dead Sea salt water and uses powerful massage jets to work the whole body. This eliminates muscular tension, improves circulation and provides a mini-hydrotherapy experience alongside many other health and beauty benefits.

2. Refresh & cleanse

Refresh with a cleansing shower: start with warm water as cold exposure causes skin pores to close and could potentially trap pool chemicals. Follow with a cold shower to bring your body temperature down. Some experts claim the principle is 3-1. You should be in the hot water three times longer than the cold water, for example: 90

seconds hot, 30 seconds cold. It's equally important to hydrate with a glass of water throughout your journey.

Once cleansed, heat things up in the salt inhalation steam room, where the gentle heat releases pure salt vapour into the air as you relax in serene surroundings. Breathe deeply and slowly to inhale the healing saline atmosphere which aids breathing and relaxation. Then hydrate.



3. Warm up & cool down

Cool off under the cascading water of the contrast showers, then elevate your temperature in our hottest room, the Finnish aroma sauna, to enjoy the combination of dry heat and essential oils.

To finish, take inspiration from the Finnish tradition of rolling in the snow post-sauna: rapidly cool off by rubbing crushed ice into the skin from our ice fountain. Alternatively, take a cold shower. Hydrate with another glass of water.

Jump back in the vitality pool after a cold shower for pure relaxation – just remember to shower off before cooling down. Leave feeling refreshed and invigorated.

.....

Why not combine your marine thermal journey with a spa treatment that will complement the experience? Then, post-treatment, head to our rooftop relaxation room and sun deck to allow your body and mind to drift into sheer relaxation.



Health AND FITNESS

You don't have to forgo your fitness and wellbeing regime while staying with us, as we have plenty to keep you moving.

Join our daily exercise classes run by friendly and knowledgeable instructors. Play a game of tennis (equipment can be hired free of charge) or sweat it out in our gym which is decked out with functional equipment, weights and interactive cardio machines. Two large pools and the ocean also offer abundant opportunities for a swim. And everything is included in the price of your stay.

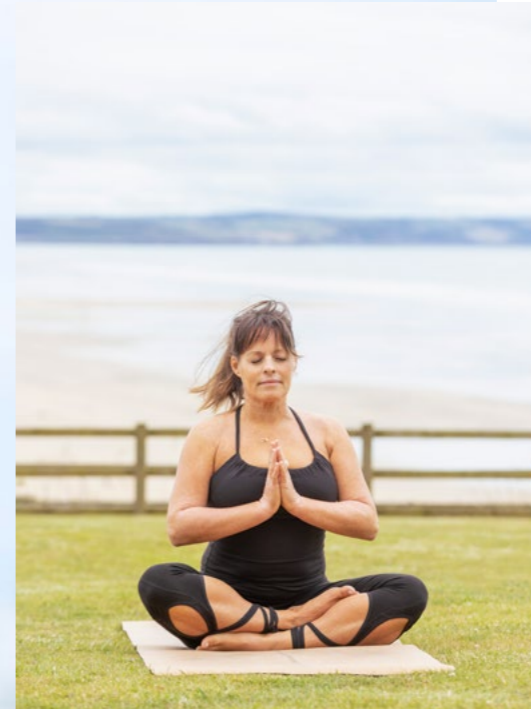
Why not try...

COLD-WATER SWIMMING ?

The outdoor pool is open all year round and unheated from October to May. You may have heard of Wim Hof who has popularised the health benefits of cold-water immersion in recent years, although it's been practised by many cultures around the world for centuries. Adapting to the cold is believed to reduce stressors, boost the immune system, burn fat, reduce inflammation, increase hormone levels, improve sleep quality and provide a surge of feelgood chemicals in the brain.



*Keen to go the extra mile?
Personal training is available*



Come and experience...

YIN YOGA

A deeply nurturing practice using mostly floor-based asana, held for longer periods of time and using stillness and time to cultivate calm in body and mind. The session closes with a yoga nidra (guided meditation). Bring props if you have them, though they're not essential.

SUN PRACTICE YOGA

Yoga practice to cultivate energy, create positivity, move you if you feel a little lazy or stagnant. Uses asana, breathwork and culminates in meditation.

MOON PRACTICE HATHA YOGA

Leave worries and stresses behind using movement, breathwork and meditation to reconnect with the body, calm the mind and feel more serene and stable.

FULL BODY WORKOUT

This total-body workout caters for all fitness levels. It targets abs and glutes through strength and cardio, which guarantees an endorphins high.

MEDITATION Step away from the constant flow of distractions, demands and needs that occupy the mind. Meditation can help you calm your nervous system, reduce stress and anxiety, increase self-awareness and feel present.

PILATES Stretch the body with strength and control in this low-impact conditioning class with an emphasis on core strength. Suitable for all levels.

FUNCTIONAL LIVING 55+ A class dedicated to those aged 55 or over, with a special emphasis on whole-body movement and strength exercises that imitate or replicate "real life" movements, including posture correction, balance and stability.

TENNIS COACHING Classes for all standards of players, from complete beginners to nationally rated players, with special classes for children during the school holidays.

To view the Source fitness timetable online simply scan the QR code or visit sauntonsands.co.uk/source-spa/facilities/classes



Time TO FEAST!

We've some wonderful dining options at the hotel which range from the classics done in style to contemporary casual dining.



The Dining Room

Dine in Art Deco glamour with views of shimmering coastline. Our two AA-rossette restaurant is open for breakfast, lunch and dinner every day of the week, its menus presenting British classics crafted from the finest local produce. Children are welcome to dine with parents.



Terrace Lounge & Bar

Every dinner should start with an aperitif in the newly-decorated bar area. We pride ourselves on our wine list and cracking cocktail collection and think you'll enjoy exploring!

The Terrace Lounge is a place to relax after dinner on velvet sofas among pot plants and objet d'art. On sunny days, head outside and eat alfresco on the terrace with its jaw-dropping views over the beach.



Beachside Grill

Head down to our sister restaurant on Saunton Beach for grilled-to-perfection steaks, a great veggie, vegan and gluten-free selection, immense burgers and classic fish and chips. The best seats in the house are on the terrace where you can watch the sunset.



Afternoon tea

The most quintessentially British treat: finger sandwiches, homemade fine patisserie and oven-warm scones with proper clotted cream and jam, complemented by a range of high-grade teas from across the globe. We also offer vegan, vegetarian and gluten-free versions, as well as afternoon tea for children, featuring a special child-friendly selection of treats. Visiting at Christmas? Don't miss the opportunity to try the special festive afternoon tea.

Everyone's welcome

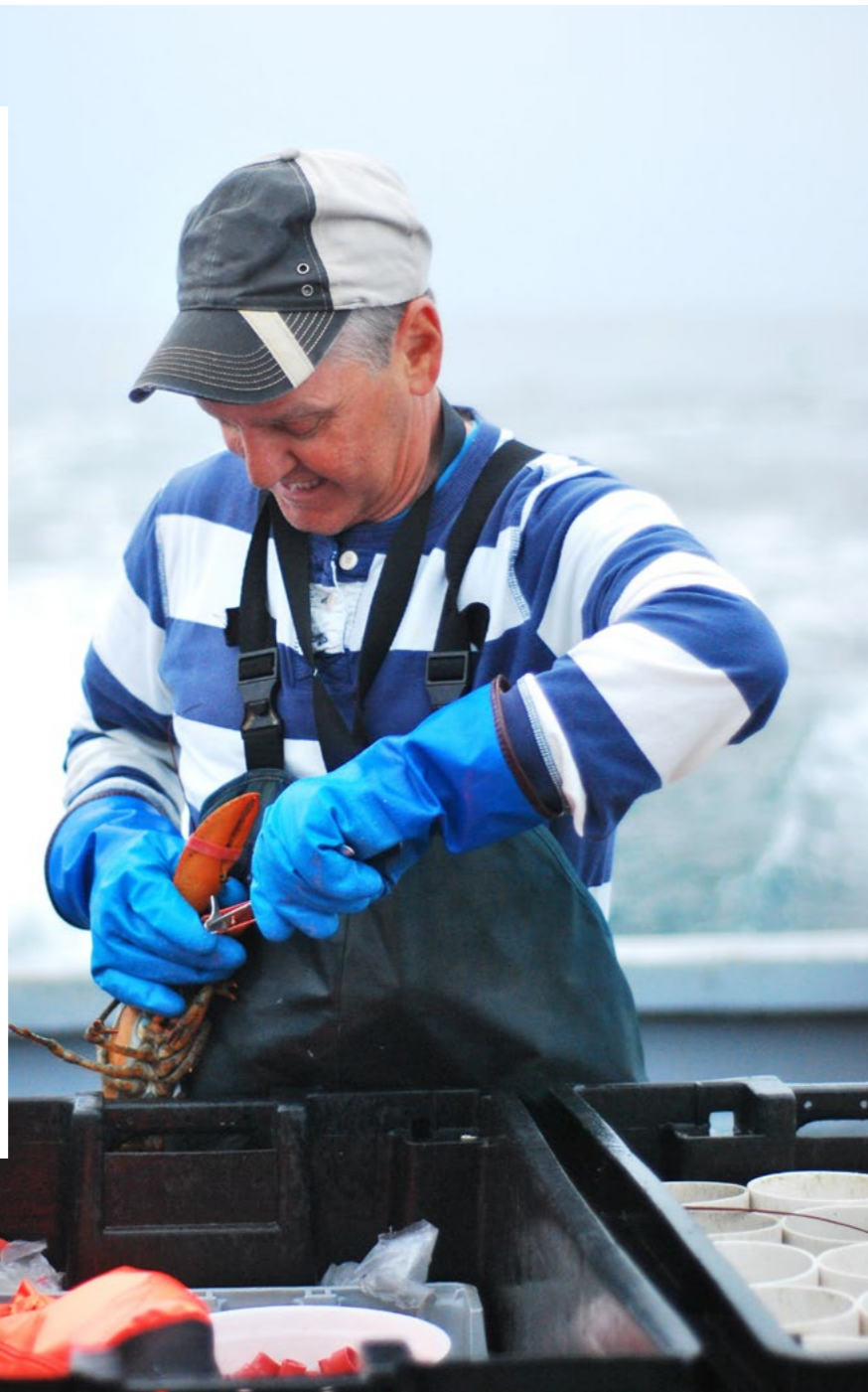
Vegan, vegetarian and gluten-free diets are all catered for by our brigade of talented and experienced chefs. They're on hand to help with any specific dietary requirements, such as food intolerances, to ensure your family has a great time.



Locally-sourced and seasonal produce

We strongly believe in supporting our local community and are proud to serve guests the best local produce. We are lucky to work with some of the very best local suppliers: we source quality meats from MC Kelly, dairy products and cheeses from Hawkridge Farmhouse and secure deliciously fresh fruit and vegetables from John Patts and Total Produce.

Our commitment to a localised menu not only supports local growers and reduces food miles, it also ensures you get a true taste of Devon during your stay, dining only on the freshest ingredients straight from the farm, field or boat.



Sample MENUS

Freshly prepared and following the seasons, our menus revisit traditional recipes but also introduce contemporary must-try dishes. Scan the QR code to take a look at our sample menus and get a taste of what to expect.



OUR *Dining* PACKAGES

SELF-CATERING

Those staying in one of our self-catered apartments or on a room-only basis can still make reservations for breakfast and dinner on a daily basis if required. Breakfast costs an additional £20 per person per day (£10 per child) while dinner is £45 per person (or £22.50 per child).



ROOM & BREAKFAST

Choose the Room & Breakfast dining package to start your day with breakfast in The Dining Room. Dig into a full English fry-up or choose fresh fruit and croissants. There is lots of choice for little ones too, plus bottomless juices and frothy coffees to set the whole family up for the day. You can add dinner to this package on a daily basis if required.

DINNER, ROOM & BREAKFAST

This package offers the best all-inclusive value at Saunton Sands Hotel. Enjoy breakfast and a three-course dinner every day of your break. You can choose to dine at The Dining Room or the more casual Beachside Grill (available in season).

Lunch, afternoon tea and light bites are all available as additional extras (unless otherwise stated) within an offer package. Child prices apply for under 12s.



A world-class ENVIRONMENT

We've DIVERTED **98%**
of our waste from LANDFILL

UNESCO BIOSPHERE RESERVE

We're situated in one of just seven UNESCO Biosphere Reserves in the UK. This encompasses the UK's first Marine Reserve that stretches to – and beyond – Lundy Island. The hotel directly overlooks Braunton Burrows, which is the core of the Biosphere. The sand-dune system is the second largest in the UK and home to a large number of rare plants and animals. We are proud to be a Biosphere Business Partner, and our Environmental Team drives initiatives to make sure we are always doing our very best to protect this special place.

WHAT WE'RE DOING

ENERGY AND WATER SAVINGS

In order to protect the environment we take all food waste and convert it into electricity. We've also reduced our total energy use and Co² emissions by 25% since 2006. That's an estimated 20,000 tonnes so far.

We use low-energy LED lights, which reduces the amount of electricity used by each bulb by 95% and we heat the hotel using renewable solar and biomass energy, which accounts for 70% of our energy.

We've also installed Toilet Hippos to conserve water in the loo cisterns, and all our outdoor showers are solar powered.

PROVIDING LOCAL KNOWLEDGE

We actively promote opportunities for our guests to become involved in and understand local cultural and conservation practices.

SOURCING LOCALLY

We support local farmers to cut unnecessary food miles.

SUSTAINABLE BUSINESS NETWORK

We engage and trade with as many local businesses as possible which operate in an environmentally and socially responsible manner.

CRUELTY-FREE SPA PRODUCTS

Our Source Spa Collection is naturally derived, clean skincare which won't pollute the environment.

HOW YOU CAN GET INVOLVED

Do a #2MinuteBeachClean during your sandy-toed stroll or beach day. Litter pickers are available at Guest Relations, just take a bag or fill your pockets.

THE EPITOME OF GOLFING *tradition*

Thanks to its sterling reputation as one of the oldest and best courses in the UK, playing a round on Saunton's East or West courses is a tradition every keen golfer has on their wishlist.

Saunton Golf Club offers two championship 18-hole courses which, thanks to the sandy soil of Braunton Burrows and the mild coastal climate, can be played throughout the year.

Braunton Burrows has hosted golf since 1897, although Herbert Fowler (designer of Walton Heath, The Berkshire and Delamere Forest) didn't create the East course until the 1920s. The very oldest course in the UK – Royal North Devon – is also just a short drive away in Northam.



Tradition meets contemporary comfort for golfers who stay at the hotel, thanks to the rejuvenating joys of Source Spa and Wellness. What could be better after a day out in the fresh air and pristine environment than the delights of the sauna, steam room and massage – followed by a good dinner?



For prices please see our website sauntonsands.co.uk/golf or scan the QR code here.

ADVENTURE

for all ages

Named England's Adventure Coast,

NORTH DEVON WILL CAPTIVATE YOUR ADVENTUROUS SPIRIT

Admire the epic coastline from the ocean, paddleboard around the headlands, surf the UK's top spots, take a fishing trip, and leap from cliffs into the water on a coasteering adventure. Scuba dive around Lundy Island, take to the skies and hang glide over Woolacombe, canter across rugged moorland on horseback and cycle through miles of countryside on the traffic-free Tarka Trail ... there really is no end to the activities in North Devon for adventure junkies.

COASTEERING

Local company H2Outdoor specialise in providing unforgettable experiences by combining high quality activities with the outstanding natural beauty of our area. Its fabulous coasteering sessions include cliff jumping, sea swimming, rock scrambling and more. Although the sessions aren't for the faint hearted, they should definitely be added to your itinerary if you're looking to experience an exciting coastal adventure. [10% off for guests]

SURFING

Did you know North Devon is one of the World's Surfing Reserves? Whether you're a seasoned pro or looking to ride your first wave, Saunton Beach is a fantastic place to hop on a surfboard and give it a go. We offer free surfing lessons with Walking on Waves within our entertainment programme, but you can also save 10% on private coaching with the team when you book.

WAKEBOARDING

North Devon's Wake Park offers an action-packed day out that's perfect for friends and family who want to take on an exhilarating day of activities at the Aqua Park. Every wakeboard session comes with professional coaching from some of the UK's best wakeboarders, so whether you're a beginner or looking to hone your skills, you can get your adrenaline fix there.

CYCLING

The 32 miles of entirely traffic-free Tarka Trail, which forms the northern section of the Devon Coast to Coast National Cycling Network, starts in nearby Braunton. The flat riverside route follows the journey of *Tarka the Otter* in the classic tale written by Henry Williamson and is suitable for all ages and abilities. Bring your own bike and we'll store it for you, or hire all manner of bikes from Otter Cycle Hire, conveniently located right at the start of the trail in Braunton.

*Add these active adventures
to your Saunton itinerary ...*



WALKING

Miles of stunning seascapes from the South West Coast Path (right on our doorstep), Exmoor National Park (just a short drive away) and acres of beautiful countryside with protected wildlife habitats beg to be explored. Choose your own path with our local walking-route maps or join us for a guided walking break. We also sit right on the bus route which takes you to the starting points of many great walks. You don't need to be a serious Rambler to enjoy the landscape – there are walks to suit everyone.

SEA SWIMMING

Dipping in the sea is an outdoor activity anyone can enjoy – and it's free! The sea here brings surfing waves that confident swimmers or board users will enjoy. Or, for those looking to simply wade in, knee- or waist-deep, the big waves usually break further back, making for calmer splashing. The coast is an exciting place to be but it's important to be aware of the safety precautions before visiting. Please visit rnl.org for the latest information regarding sea safety.

SEGWAY EXPERIENCE

The segway experience at Ilfracombe's Mullacott Equestrian Centre offers lighthearted, off-road fun for the family. Led by an instructor, you'll get the chance to explore the unique site with a dedicated obstacle track and acres of countryside within reach. [10% off for guests]

Go

EXPLORING

Saunton is surrounded by charming towns, quaint villages and beautiful gardens. Catch the many gardens in their marvellous spring bloom and stroll through woodlands carpeted with bluebells. Traverse the cobbled streets of historical Clovelly and learn about Saunton's military past at the D-Day weekend.

Clovelly: A gorgeous working fishing village teetering on a 400-foot cliff that overlooks Bideford Bay. It's famed for its steep cobbled path which donkeys trot to and fro.



Arlington Court The National Trust's intriguing Regency house hosts an impressive collection of horse-drawn carriages set in picturesque gardens and woodland.

Castle Hill Gardens Steeped in rich history, the astonishing 18th-century landscape is speckled with statues, follies and temples. Climb to the castle to witness panoramic views across Exmoor, Dartmoor and beyond.

Broomhill Estate Surrounded by hundreds of acres of woodland and bound by its own stream, Broomhill has one of the largest permanent collections of contemporary sculpture in the South West. [10% off for guests]

RHS Rosemoor Nestled deep in the Devonshire countryside, the gardens blend formal and informal plantings to magical effect. Explore the mini gardens and woodland walks which showcase the seasonal flora. Keep your eyes peeled for enthralling events and shows. [Discounted entry for guests]

Marwood Hill Garden This rather special 20-acre private garden with three lakes is set in a valley tucked away in North Devon.

Hartland Abbey Gardens The cherished home of the Stucley family, Hartland Abbey is filled with treasures and memorabilia collected over generations. There are also beautiful gardens and excellent woodland walks. [10% off for guests]

D-Day Weekend The annual June event commemorates this coastline's part in the second world war. During the weekend, Saunton Beach plays host to military vehicles and history groups offering educational opportunities.

Maritime heritage Our coastline has a rich maritime history. Visit one of the many museums in the area to learn more about the region's maritime heritage and connections to piracy. Situated in the picturesque village and sea port of Appledore, the North Devon Maritime Museum offers a fascinating insight into the shipbuilding and seafaring history of the area. The county is packed with swashbuckling tales: did you know Devon was a target of the fearsome Barbary Pirates who roamed the waves for over three centuries?

WINTER

escapes



*Borrow our
cosy Dryrobes
and hit the
beach!*

Head to the coast IN THE COSY MONTHS

What better place to snuggle up during the winter months – watching spectacular stormy seas and the wild Burrows blow – than in one of our sea-view rooms or the cosy Terrace Lounge? Or, if you prefer, wrap up warm, and go outdoors to fully immerse yourself in one of the UK's most stunning natural environments. A winter break with us presents the perfect opportunity to press pause and spend time with the ones you love.

Our favourite things to do at SAUNTON IN WINTER

PAMPERING

Treat yourself to some pampering, courtesy of our expansive menu of Source Spa treatments, and indulge in divine beauty products from our Source range.

COLD-WATER SWIMMING

Take a moment to chill-out with a wild swimming session at Saunton Beach or why not take the plunge in our outdoor pool for a bit of cold-water swimming? We even have Dryrobes you can borrow to swaddle yourself in afterwards.

CHRISTMAS SHOPPING

Get a head start on Christmas shopping by visiting the various artisan and festive craft markets where you can pick up unusual and authentic gifts.



WINTER

from £99
per person per night

Included in your stay in winter

- Daily use of Source Spa and thermal suite
- Use of indoor (heated) and outdoor (unheated) pools
- One session of free childcare per child (under 11s) each day
- Daily fitness and wellbeing classes
- Tennis court use
- Dryrobe hire
- Direct access to the beach
- Free parking and Wi-Fi
- Discounts at local attractions

SPRING

rejuvenation



Embrace the season OF RE-AWAKENING

With all the stresses that come with the nine to five, it's easy to forget about the things that really matter in life. To us, that's time spent with loved ones and good friends. Reconnect with your favourite people by heading off on a spring getaway at Saunton Sands Hotel.

We'll take care of all the little touches so 'me time' can be top of your agenda – whether that's making the most of the unique location with long walks around the headland, yoga classes overlooking the gorgeous stretch of beach, afternoon tea or enjoying the views from the Terrace Bar with a signature cocktail in hand.

Our favourite things to do at SAUNTON IN SPRING

GO EXPLORING

Venture out to explore the heritage, wildlife, geology and scenery of the area via the South West Coast Path. Mighty cliffs plunge into the sea, gulls nest on ledges of rocky headlands, and sandpipers and curlews rummage along the shoreline.

SEA SAFARI

From May, take an interactive wildlife experience with Ilfracombe Sea Safari to swim with seals and explore lighthouses, waterfalls and smugglers' coves.

GARDEN VISITS

Visit the extraordinary gardens at RHS Rosemoor or Marwood Hill and delight in the spring bulbs and swathes of foamy blossom. You can even use our Brend discount – ask at Guest Relations for details.



SPRING

from £160

per person per night

Included in your stay in spring

- Daily use of Source Spa and thermal suite
- Use of indoor (heated) and outdoor (heated from May) pools
- One session of free childcare per child (under 11s) each day
- Daily fitness and wellbeing classes
- Tennis court use
- Dryrobe hire
- Direct access to the beach
- Free parking and Wi-Fi
- Discounts at local attractions

EASTER and WHITSUN



A break by the ocean

WITH THE WHOLE FAMILY

Spend time together learning to surf – thanks to free lessons from our experienced tutors – or send the kids off for a session while you hit the spa (the ultimate spot for sea-view escapism) and then gather later for lunch or afternoon tea.

Our favourite things to do at

SAUNTON IN EASTER & WHITSUN



DINE AT THE GRILL

Enjoy sun-splashed dining at our sister restaurant Beachside Grill. Tucking into grilled thrills with a glass of wine while watching surfers expertly clip waves takes some beating.

CYCLE THE TRAIL

Hop on your bikes and discover the beauty of North Devon by hitting the Tarka Trail. Spanning from Braunton to mid-Devon, the former railway track is free, totally flat and perfect for all the family.

GO SURFING

Make waves with our friends from Walking On Waves Surf School. Surfing will see you and the gang grinning with sheer exhilaration as you ride to the shore. Longboards, floaties, boogie boards ... you don't need to be an expert, just jump straight into the new experience. This is included in our entertainment package seasonally.



EASTER & WHITSUN

from £160

per person per night

Included in your stay in Easter & Whitsun

- Daily use of Source Spa and thermal suite
- Use of indoor (heated) and outdoor (heated from May) pools
- One session of free childcare per child (under 11s) each day
- Daily fitness and wellbeing classes
- Walking on Waves surfing lessons
- Evening family entertainment
- Fully-inclusive programme for children (find out what's included on page 49)
- Tennis court use
- Dryrobe hire
- Direct access to the beach
- Free parking and Wi-Fi
- Discounts at local attractions

Early SUMMER

AT SAUNTON



The golden time for GROWN-UP GETAWAYS & BABY BREAKS

One of the very nicest times of year at Saunton is early summer when the water is warm again, the gardens are looking gorgeous, and the outdoor pool is heated (from May) for leisurely laps to the sound of the ocean.

In May and June, guests will get the perfect peeling waves all to themselves, discover the alluringly peaceful South West Coast Path and find they don't need to queue for a double-scoop waffle cone at the beach cafe. It's so much quieter than once the summer holidays starts, which is why it's a lovely time to bring little ones.

BABY GO LIGHTLY

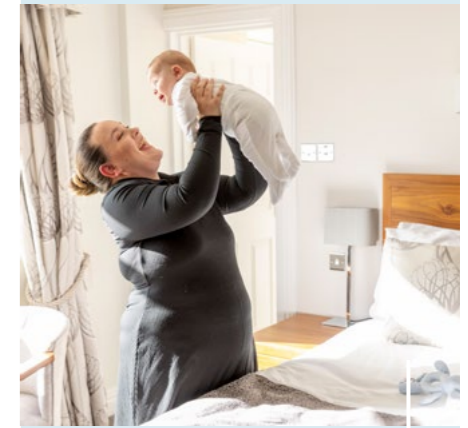
what not to pack!

Parents know how daunting the packing can be when taking kids and babies away on holiday – the list just goes on and on! That's why we offer Baby Go Lightly service.

Simply fill in the tick sheet when you book your holiday and you'll find all the baby equipment you need in your room when you arrive – fresh, spotless and ready to use.

Here's the kind of equipment you can request:

- Cots or travel cots (both with linen)
- Child buggy with sunshade
- Baby bouncing chair
- Carrier pouch for walking the South West Coast Path
- Steriliser, formula, kettle
- Changing mat, Pampers nappies, nappy bin, potty, baby wipes, toilet training seat
- Baby bath, baby shampoo, baby powder, baby lotion
- Swimming nappies, swimming flotation aids
- Crayons and colouring books, baby gym with hanging toys
- Warm milk and biscuits at bedtime



EARLY SUMMER

from £164

per person per night

Included in your stay in early summer

- Daily use of Source Spa and thermal suite
- Use of heated indoor and outdoor pools
- One session of free childcare per child (under 11s) each day
- Daily fitness and wellbeing classes
- Walking on Waves surfing lessons
- Evening family entertainment
- Fully-inclusive programme for children (find out what's included on page 49)
- Tennis court use
- Dryrobe hire
- Direct access to the beach
- Free parking and Wi-Fi
- Discounts at local attractions

High SUMMER

AT SAUNTON



FUN FOR ALL *the family*

The summer holidays are for long days playing on the beach, building sandcastles, rolling down sand dunes, jumping over waves and snoozing in the sunshine. When staycation-ing at Saunton you'll feel a million miles away from real life (without even having to get on a plane) as you sip cocktails on the terrace while gazing at peachy skies. Inspiring surroundings, unrivalled facilities, non-stop entertainment, abundant adventure and the space for moments of serenity; there's a lot to love about summer at Saunton.

Our favourite things to do at SAUNTON IN HIGH SUMMER

FAMILY-FRIENDLY ENTERTAINMENTS

From Captain Coconut to Spangles the Clown, there's loads of free child-friendly entertainment throughout the summer to keep the kids happy and active – and outdoors as much as possible!

DINE OUTDOORS

Make the most of the expansive sea views by dining alfresco on the terrace.

HAVE A HOCKINGS

Go on the hunt for the locals' favourite ice cream, Hocking's Dairy Cream Ices, to discover the true taste of North Devon. Its distinctive yellow and burgundy vans can be found in Appledore, Barnstaple and Ilfracombe and the delicious ice cream is best in a classic cone with a flake and a scoop of clotted cream.



HIGH SUMMER

from **£204**
per person per night

Included in your stay in high summer

- Daily use of Source Spa and thermal suite
- Use of heated indoor and outdoor pools
- One session of free childcare per child (under 11s) each day
- Daily fitness and wellbeing classes
- Walking on Waves surfing lessons
- Evening family entertainment
- Fully-inclusive programme for children (find out what's included on page 49)
- Tennis court use
- Dryrobe hire
- Direct access to the beach
- Free parking and Wi-Fi
- Discounts at local attractions

Free SUMMER ENTERTAINMENT

Whatever the weather, there are loads of fun things for the family to get stuck in to at Saunton and its surrounding natural playground.

We offer an all-inclusive entertainment programme which both children and adults can enjoy. Check the board each day to see which classes, clubs and activities – including surfing lessons, fitness classes, family quiz nights and craft sessions – are scheduled.



Under-11s can also enjoy a complimentary two hours' use of the playroom every day of their stay, with supervised daily activities that include everything from baking to beach afternoons (in the summer months).

In addition to the indoor playroom, there's lots of outdoor space where youngsters can play and explore.



TYPICAL SUMMER ENTERTAINMENT INCLUDES

- Go-kart party
- Junior surfing lessons
- Ranger Russ with his creepy-crawly friends
- Craft activities
- Captain Coconut's bubble show
- Merlin's science show
- Tennis lessons
- Kids' movie nights
- Circus workshop
- Guided walks
- Puzzle and boardgame evenings
- Film and popcorn afternoons
- Beach trips

EXCLUSIVE DISCOUNTS FOR GUESTS

RHS Rosemoor Visit a real, growing 'Green Ship' based on Quentin Blake's book of the same name at the Royal Horticultural Society's Rosemoor in Torrington. The play area was designed and built to accompany an exhibition of Quentin's artwork and is just one of the attractions. [Pay £8 instead of £12.65]

Exmoor Zoo A family-friendly, small but award-winning zoo with a focus on education and conservation. This is the home of the legendary Exmoor Beast in addition to wolves, cheetahs, monkeys, lemurs and more. [5% off entry for guests].

Air Extreme Flip and let loose on wall-to-wall trampolines inside Air Extreme for an exciting activity for all the family. Situated in Barnstaple (a 25-minute drive from the hotel), the park offers a wide range of fun sessions, from disco to fitness. [10% off entry for guests].

Walking on Waves This pro surf school offers lessons, suitable for all abilities, on Saunton Beach. [30% off surf lessons, boards provided].

AUTUMN

DAYS AT THE *beach*



Goodbye summer blues, HELLO AUTUMN HUES

With the sea at its warmest, the sunsets at their most stunning and the wilds of Exmoor to explore in all its golden glory, autumn is the insider's month to visit.

Hot chocolates in the Terrace Lounge after a long walk along the South West Coast Path, treasure hunting in the local boutiques in Braunton, snuggling into a fluffy dressing gown as you take a thermal journey in our marine-inspired Thermal Suite – there are so many seasonal pleasures to be had.

Our favourite things to do at SAUNTON IN AUTUMN

WRAPPED-UP WALKS

Marvel at the raw power of the ocean as waves pound the shore beneath captivating skies. You could even borrow one of our cosy Dryrobes to wrap up warm for the amble.

FEASTING ON THE SEASON

It's the season of gastronomical delights so pique your palate in our two AA-rosette restaurant The Dining Room, where head chef Mathias Oberg utilises the rich deep flavours associated with the British harvest.

TAKE A THERMAL JOURNEY

Combine your marine thermal journey with a spa treatment that complements your experience. Then head to our rooftop relaxation room to allow your body and mind to drift into sheer relaxation.



AUTUMN

from £164
per person per night

Included in your stay in autumn

- Daily use of Source Spa and thermal suite
- Use of indoor (heated) and outdoor (heated until October) pools
- One session of free childcare per child (under 11s) each day
- Daily fitness and wellbeing classes
- Tennis court use
- Dryrobe hire
- Direct access to the beach
- Free parking and Wi-Fi
- Discounts at local attractions

CHRISTMAS

& NEW YEAR BY THE *coast*



It's the most **WONDERFUL** **TIME OF THE YEAR**

Christmas at Saunton Sands Hotel is like a fabulous gift you unwrap a little more of each day. Glamorous, relaxing, traditional and fun, it's the kind of experience that once tried you'll want to recreate every year. Christmas begins the moment you arrive and relax with a mince pie and mulled wine because from that point on everything is done for you, leaving you to unwind and enjoy a stress-free festive break.

Our favourite **FESTIVE** *things to do at Saunton*

CHRISTMAS BREAKS

It's time to recapture the magic of childhood Christmases – and to pass that on to the little ones in your life. Spend Christmas morning opening gifts with friends and family, then enjoy a sumptuous lunch, a visit from Father Christmas and festive entertainment throughout the day.

TWIXMAS ESCAPES

If you are doing the big family Christmas at home this year, why not nip away for a post-festivities break with us to relax before New Year? Swerve the post-Christmas slump and revive on a relaxing break with friends and loved ones. Explore the gorgeous expanse of Saunton Beach, fill your lungs with clean air and relish how good you feel when you leave the busyness behind.

NEW YEAR BREAKS

We're all about the glitz and glam at New Year. From our live entertainment to the champagne reception, fabulous dinner and dancing, you'll be all set to welcome in the new year in style. Start 2024 with a lazy brunch, soothing spa treatments and refreshing beach strolls or, if you're feeling brave, why not take a New Year's Day dip in the ocean?



For more information on Christmas and New Year at Saunton visit our website sauntonsands.co.uk/christmas or scan the QR code



Please call us for festive stay prices on 01271 890212

Included in your *festive break*

Grown-ups can enjoy...

- Dancing and music
- Fine dining
- Relaxing in the pool
- Great entertainment

Children will love...

- The circus show
- Well-stocked playroom
- Seasonal entertainment such as meeting Father Christmas in our very own grotto

Home from home

How about booking one of our living suites or apartments so your group of family or friends can spread out while still enjoying the same space together?

Group GETAWAYS

With our idyllic location and fabulous facilities, we're a popular choice for groups of all kinds. Reunions, spa breaks with your besties, family celebrations, special birthdays, golfing and surf trips with friends; we make it easy and fun for groups of any size.

APARTMENTS We have 11 luxury and purse-friendly self-catered apartments to choose from, which sleep between four and eight people. Many have mind-blowing views of the ocean and awesome dunes.

The beauty is in the value of being able to split the cost between your group. Options range from our 5* Penthouse Apartment (a real treat for a girls' spa weekend away) to the affordable Saunton Apartments, which are often available in low season for under £60 per person per night. Or perhaps take over our entire 180° South complex which can sleep up to 24 guests in total?

Our price guarantee

We'll always give you the guaranteed best rate when you book direct with us.

INTERCONNECTING ROOMS

Our Sea Facing and Inland Family Rooms aren't just for families. They offer lots of space and interconnecting rooms, sleeping up to five people and easily accommodating additional beds or cots. They're ideal for a smaller close-knit group.

MULTIPLE TREATMENT ROOMS

With eight spa-treatment rooms, including an ocean-view double room, there is ample opportunity for your group to have simultaneous treatments, freeing up your day for other plans. Also, talk to us about hiring the rooftop relaxation room and sundeck for your party.

PRIVATE GROUP TRAINING

You don't have to forgo your fitness or wellbeing regime when you holiday with us. Alongside our timetable of complimentary fitness and wellbeing classes, we can arrange private-group personal training, yoga and surf lessons.

PRIVATE DINING

If you're bringing a larger group, why not hire the Gallery Studio solely for your use? You can let loose without the worry of upsetting other guests! Or, if staying in an apartment, we can deliver our menu to you (weather dependant).

GROUP SURF TRIPS

Surfers know that waves roll in all year round at Saunton and along the North Devon coast. Whether you are a pro looking to hone your skills, ride your first wave, or anything in between, Walking on Waves Surf School provides tailored coaching. We offer locked board storage, outdoor showers and, if you want to hire surf gear, our friends at Saunton Surf Hire extend a discount to our guests. Some of our breaks even include free surf lessons.



To find out more about free surf lessons, visit sauntonsands.co.uk/surfing or scan [here](#)



MULTI- GENERATIONAL GETAWAYS

Laid back & lovely

Want a memorable holiday with the whole family? Our family breaks allow Granny and Grandpa to enjoy their time away just as much as the juniors of the family. With the perfect balance of activities, exploration and relaxation to appeal to everyone, let us create magical #Sauntonmoments that will last for generations. From pools to playrooms, spas to sea views and self-catered apartments to family suites, you'll soon be making it an annual tradition.

Call us on 01271 890212 and our friendly Reservations team will help you put together a break that is perfect for the whole family.

SAVE ON GROUP BREAKS

15% off groups of 10 adults or more excluding all school holidays. Get in touch to discuss your group's holiday requirements.

A SELECTION of luxury ROOMS



Wake up to the sight and sound of the Atlantic Ocean. Tuck children into bunk beds after hours of adventure. Take on the day, then turn in for the night. With 77 beautifully decorated rooms and living suites, and 11 self-catered apartments to choose from, there are a number of options to consider, which offer pure freedom and comfort by the sea.

The hotel rooms vary in price according to facilities, size and season. Each room features an en-suite bathroom, free Wi-Fi, dressing gown and slippers/flip flops, a Nespresso machine, LDC TV with Sky Sports and Freeview, and luxury toiletries.

If space is what you long for, then the hotel's apartments – including 180° South and The Penthouse – will give you the freedom of a self-catered stay but with access to all of the hotel's facilities. The apartments sleep between four and eight guests and are fully equipped with practical kitchens, spacious bedrooms and lovely living spaces – some even have private balconies with incredible beach views.



SEA-FACING *Deluxe rooms*

Sleeps 2 | King-size bed | Balcony

The king of rooms, our Sea-Facing Deluxe rooms not only have a balcony so you can get even closer to the stunning environment outside your window, but they're also the only rooms with a safe and a turn-down service. Spacious and airy, they're ideal for a longer break or very special treat. Minimum two-night stay over a weekend.

Our price guarantee:

We guarantee you'll pay the lowest rate when you book directly with us.



..... *Room amenities key*

Satellite TV		Lounge		Window table in restaurant		Turn-down service	
Sea view		Fridge		Use of leisure facilities		Interconnecting rooms	
Larger bedroom/ king-size bed		Nespresso machine		Daily use of Source Spa and Wellness		In-room safe	
Tea and coffee		Mini bar		Free use of playroom		Free parking	
Dressing gown and slippers		Complimentary tray service		Entertainments programme		Sleeps (no. of guests)	
Balcony				Deluxe package		Free Wi-Fi	





SEA-FACING ROOMS

Sleeps 2 | King-size bed | Sea view

Drift off to sleep to the sound of waves washing against the shore, then wake up to beautiful views of miles of golden coastline. Sea-Facing Rooms have a king-size bed and the additional benefits of a fridge, dressing gown and slippers. Perfect for a weekend getaway for two. Minimum two-night stay over a weekend.

Our price guarantee:

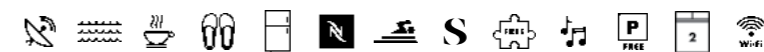
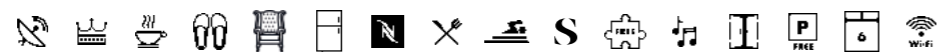
We guarantee you'll pay the lowest rate when you book directly with us.



LIVING SUITES

Sleeps 4-6 | Additional living room

Perfect for a longer break, the Living Suites have an additional living room, making them ideal for an extended stay or a larger group (up to six people). Minimum two-night stay.





INLAND

Family rooms

Sleeps 3-4 | Large rooms | En-suite

Our Inland Family Rooms offer comfort at an affordable price and can easily accommodate additional beds or cots. Dressing gowns and slippers are yours to enjoy.

Our price guarantee:

We guarantee you'll pay the lowest rate when you book directly with us.



SEA-FACING

Family rooms

Sleeps 3-4 | Stunning views | En-suite

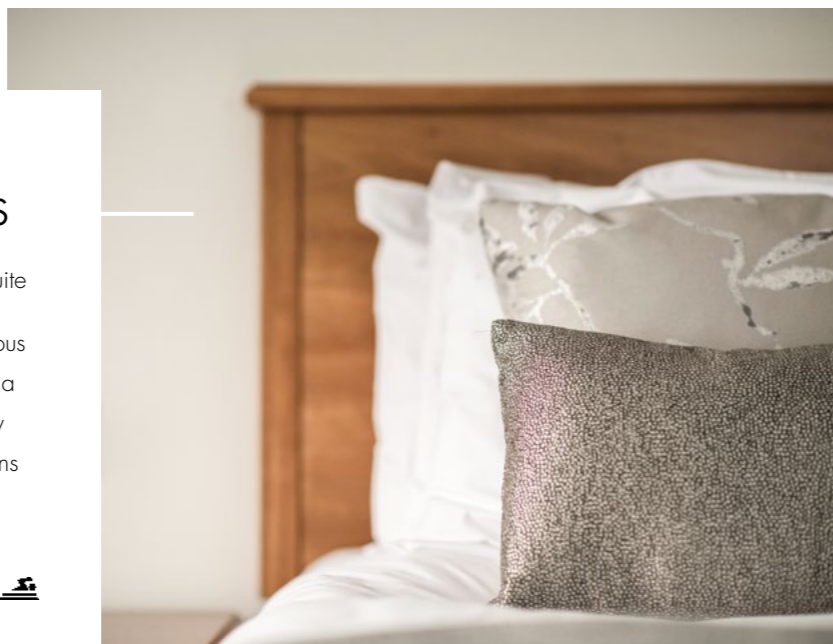
With lots of space and interconnecting rooms (plus fabulous sea views, satellite TV, fridge, dressing gown and slippers), our Sea-Facing Family Rooms are the ultimate choice for a relaxed and supremely comfortable family holiday.



Spacious INLAND ROOMS

Sleeps 1-2 | King-size bed | En-suite

Larger than a Cosy Room, the Spacious Inland has more room to spread out, a king-size bed and complimentary tray service, plus the use of dressing gowns and slippers, among other benefits.



Cosy ROOMS

Sleeps 1-2 | Short stay | En-suite

The most affordable option, our Cosy Rooms are ideal for short getaways or an overnight stay following an event or party. They're smart, comfortable and cosy.



Triple ROOMS

Sleeps 3 | Extra bed | En-suite

An affordable option (perfect for smaller families), our Triple Rooms are ideal for short getaways or an overnight stay following an event or party. They're smart, comfortable and cosy.



Single ROOMS

Sleeps 1 | Single bed | En-suite

All our single rooms are ideal for short stays, events, parties and business trips. They're smart, comfortable and equipped with everything you'll need, including dressing gown and slippers.

Want to start the day with endless views of golden sands and the sea? Sea-Facing Rooms are also available.



180° South APARTMENTS

The fabulous five-star apartment building offers plenty of space where families can spread out, plus comfortable furnishings, a modern kitchen, gorgeous views and access to all of the hotel's luxury facilities.



Choose the most suitable apartment for your needs and book direct with us for the best rate. Apartments vary in price, according to facilities, size and season. Give us a call on 01271 890212 and let us create and price your perfect package.

Whichever apartment you choose, you'll get to enjoy the hotel's entertainment programme, indoor and outdoor heated pools, Source Spa and Wellness and sports facilities, plus parking, Wi-Fi and one session of free childcare per child (under 11s) each day in our playroom.



Scan here to discover more about our 180° South apartments.



The PENTHOUSE

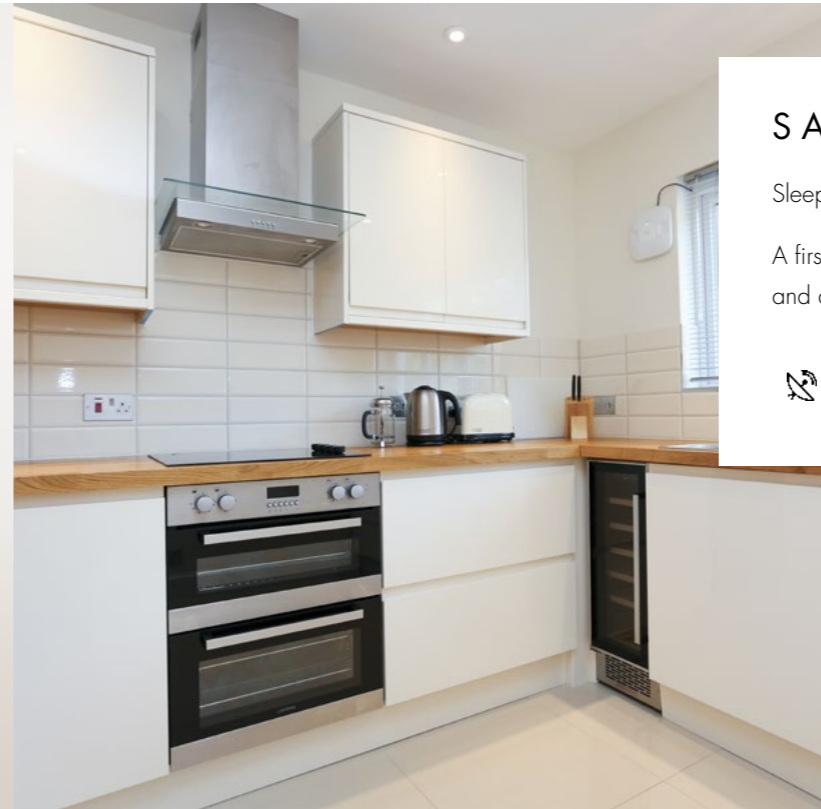
Sleeps 8 | Open plan | Balcony

Experience the ultimate coastal retreat with a stay at The Penthouse apartment. You'll be mesmerised by panoramic views of rolling dunes, the golden beach and breaking waves. Sit on your private balcony, sip a glass of something good and feel rather pleased at your good fortune while the sun sets over the bay.

Your stylishly furnished, fully serviced four-bedroom, four-bathroom apartment also provides access to all of the fabulous facilities of our worldclass four-star hotel, just a few metres away.

You can pick between dining in our award-winning hotel restaurant or cooking up your own fabulous feast in the fully-equipped kitchen. Check in from 4pm, check out by 10am.





SANDS view

Sleeps 6 | 3 Bedrooms | 1 Bathroom | Balcony

A first floor sea-facing apartment with ground-level access and a private balcony with panoramic beach views.



SURF view

Sleeps 5* | 3 Bedrooms
2 Bathrooms | Terrace

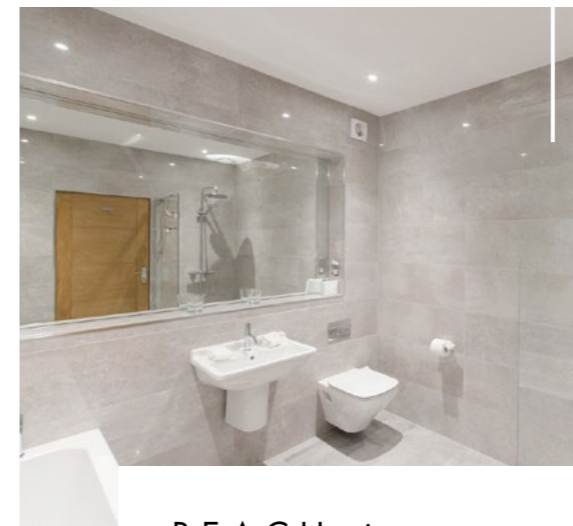
Deluxe penthouse-style apartment on the ground floor with luxurious contemporary decor, plus its own private outside terrace and sun loungers overlooking the ocean.

(* 1 extra can be accommodated informally)



Our price guarantee:

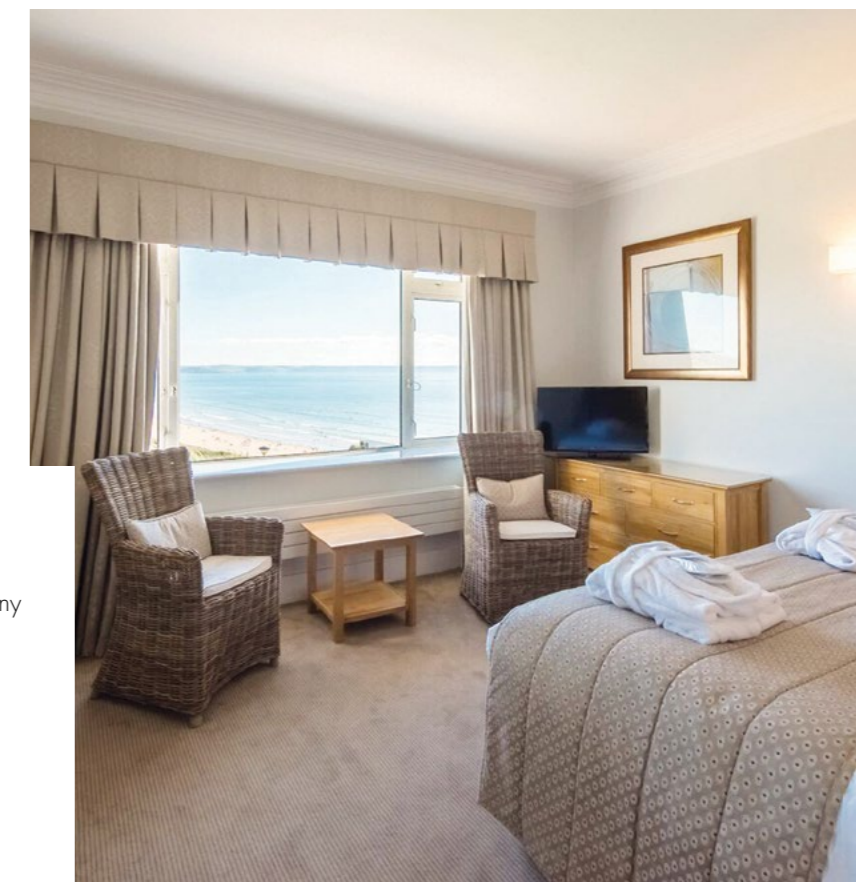
We guarantee you'll pay the lowest rate when you book directly with us.



BEACH view

Sleeps 4 | 2 Bedrooms | 2 Bathrooms | Balcony

A first floor sea-facing apartment with ground level access and a private balcony with beach views.





SAUNTON APARTMENTS

Our standard apartments are a fantastic option for all budgets, and include all the perks of a luxurious four-star hotel holiday at a fraction of the cost.

Designed to suit all budgets | Sleeps 4-8

Each apartment is equipped with a satellite TV, fridge freezer, microwave and oven, and plenty of crockery, cutlery, glassware and linen.

You can even take over the entire complex which sleeps up to 38 people.

Apartments are only bookable over the phone so please call our Reservations team on 01271 890212.



Scan here to discover more about our apartments.



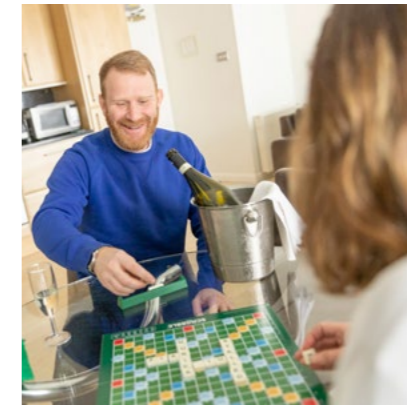
INSTOW

Second-floor apartment with four bedrooms, two bathrooms and double doors leading out onto a private side-balcony with dune views. Sleeps 8



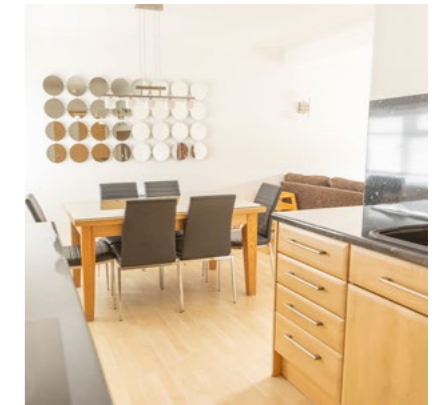
HARTLAND

Second-floor apartment with three bedrooms, two bathrooms (one ensuite) and a balcony. Furnished to a high standard. Sleeps 6 (plus sofa bed)



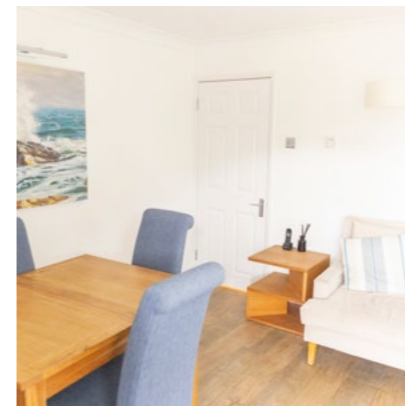
CLOVELLY

Second-floor apartment with two bedrooms, one bathroom and double doors leading out onto a compact balcony with views of the sand dunes and golf course. Sleeps 4



LUNDY

Second-floor apartment with two bedrooms and two bathrooms (one ensuite). Sleeps 4



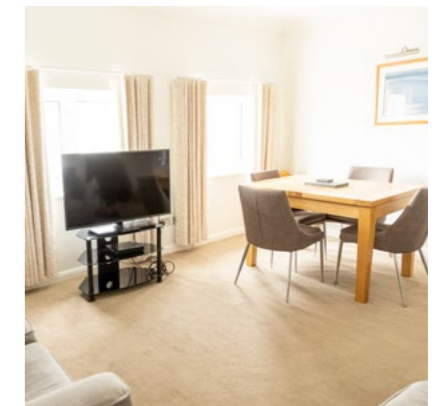
VELATOR

First-floor apartment facing the dunes with two bedrooms, one bathroom and a balcony. Sleeps 4



APPLEDORE

Great for an affordable group getaway. First-floor apartment with four bedrooms, four bathrooms (three ensuite) and a corner balcony. Sleeps 7



HEANTON

First-floor apartment with two bedrooms and two bathrooms. Sleeps 4

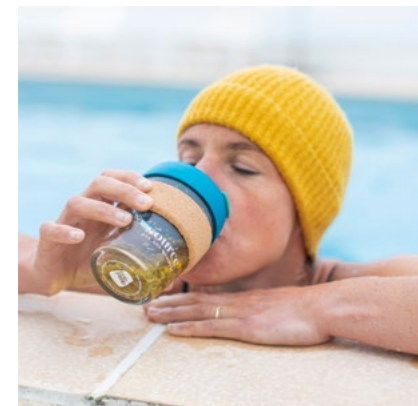


TAKE A SLICE OF SAUNTON *home*

Keep the spirit of Saunton alive when you return home, or treat someone who has a special place in their heart for Saunton, with one of these unique keepsakes.

SOURCE COLLECTION *Gift sets from £34.36*

Nourish your body with nature. Crafted in harmony with the environment, the Collection harnesses nature's energy to soothe, restore and nourish body and mind. We have three gift sets which, bundled together, saves 20 per cent on the RRP. The collection is cruelty-free, non-toxic and made in the UK and France.



SOURCE *KeepCup £20*

Designed to elevate the craft and sensory pleasure of coffee on-the-go, these durable and reusable glass coffee cups are lightweight and easy to carry. Plus, a press-fit sipper lid makes them lovely to drink from – lid on or off.



SAUNTON *Gin £50*

Sip on Saunton. In conjunction with Wicked Wolf Distillery on Exmoor, we have created a premium gin which blends juniper, coriander, sea buckthorn, cardamom and kaffir for an uplifting, refreshing spirit.



DICK PEARCE *Belly Boards £70*

Dick Pearce has been handcrafting the finest wooden belly boards in Cornwall and Devon for over 50 years. The beautifully branded boards will provide decades of fun wave-riding.



SAUNTON DRYROBES *£175*

Our branded Saunton Dryrobes are great for watersport and outdoor enthusiasts, and provide the ultimate towel changing robe and dry coat. Available in small, medium and large sizes from Guest Relations.

SAUNTON *A Coastal Curation £25*

A beautiful hardback book celebrating the stunning Saunton landscape captured by leading artists as well as the art collected by the hotel over many decades.



BECKY BETTEWORTH'S *Vintage-style prints £65*

Becky's iconic coastal scenes, reminiscent of the classic 1930s rail-travel posters, make a beautiful addition to any home.



JAGOS ART *Saunton Sands Hotel £50*

A stunning digital painting of Saunton Sands Hotel, custom-made for the hotel by Jagos Art. A4 mounted and framed.

Gift VOUCHERS

A gift voucher for Saunton Sands Hotel, Source Spa, Beachside Grill or any sister Brend Collection establishment is a delightful gift for anyone you think deserves a special treat.

Gift vouchers available:

- Monetary gift vouchers which can be redeemed at any Brend Collection establishment (from £5 – £2,000)
- Afternoon tea for two (£55)
- Champagne afternoon tea for two (£80)
- Spa days (from £50)
- Spa treatments (from £60)
- One-year Source Spa and gym membership (£1,350)

Gift vouchers can be sent via email or post, and personalised with your own special message. Postal vouchers are presented in a wallet. We can send vouchers directly to the recipient if you'd prefer (dispatched on the date of your choosing).



To purchase gift vouchers online, simply scan this QR code or visit sauntonsands.co.uk/vouchers

All gifts can be purchased from the hotel or by calling 01271 890212

SAUNTON SANDS

HOTEL | SOURCE SPA & WELLNESS



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Saunton Sands Hotel, Saunton, near Braunton, North Devon, EX33 1LQ

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B R E N D
COLLECTION

